

Dr. Andrew Freeman, MD, is a board-certified cardiologist who cares for patients with heart disease and has a special interest in heart disease prevention.

[Professor](#)

[Director of Cardiovascular Prevention and Wellness](#)

[Director, Clinical Cardiology & Operations](#)

[Director, Anticoagulation Clinic](#)

[Division of Cardiology](#)

[Department of Medicine](#)

Programs and Services

- [Anticoagulation Clinic](#)
- [Cardiac Rehabilitation Programs](#)
- [Cardiology Programs](#)
- [Pulmonary Hypertension Program](#)
- [Scleroderma Treatment & Research Program](#)

Specialties & Conditions

- [Cardiac Sarcoidosis](#)
- Cardiovascular Effects on Exercise
- Cardiovascular Health Outcomes
- [Congestive Heart Failure](#)
- [Coronary Artery Disease \(CAD\)](#)
- [Diastolic Dysfunction](#)
- [Dyspnea \(Shortness of Breath\)](#)
- [Heart Valve Disease](#)
- [High Cholesterol](#)
- [Hypertension](#)
- [Intracardiac Shunts](#)
- Preventative Cardiology

Research Areas

- [Cardiac Sarcoidosis](#)
- Cardiovascular Effects on Exercise
- Cardiovascular Health Outcomes

Special Interests

Dr. Freeman combines both traditional Western medicine with a holistic approach on overall wellness and disease prevention through a combination of advanced cardiology diagnostics and lifestyle medicine in the form of a whole foods plant-based diet (vegan diet), regular exercise, mindfulness and support. He has been often nicknamed “The Vegan Cardiologist,” and his approach which integrates the latest evidenced-based medicine and lifestyle medicine achieves excellent results for his patients.

Research Interests

Cardiovascular Nutrition, Plant-Based Diets, Treatment Quality, Cardiovascular Outcomes, Cardiovascular Imaging

Clinical Interests

Dr. Freeman's clinician interests and expertise is in general cardiology, preventive cardiology, heart failure and cardiomyopathy, diastolic dysfunction (abnormal relaxation of the heart), chest pain and shortness of breath, heart problems caused by respiratory (lung) problems and high blood pressure (hypertension). He maintains certifications, performs clinical research, and is an expert in advanced cardiovascular imaging including echocardiography, nuclear and echo stress testing and cardiac CT. His clinical research interests include cardiac sarcoid; public health; exercise and health outcomes and cardiac nutrition.

Dr. Freeman is part of the leadership of both the local and national American College of Cardiology, and runs the regional Walk with a Doc program.

Board Certification

Cardiovascular Disease
Internal Medicine
Echocardiography
Nuclear Cardiology
Cardiovascular Computed Tomography
Advanced Cardiac Life Support (ACLS) Certified

Education

Education

1999 Cornell University

2003 SUNY at Buffalo School of Medicine and Biomedical Science

Residency

2003 - 2006 Brown University, Rhode Island Hospital

Fellowship

2006 - 2009 Temple University

Academic Affiliations

Assistant Professor of Medicine, University of Colorado Denver

Professional Memberships

Fellow, American College of Cardiology

Fellow, American College of Physicians

American Heart Association

American Society of Nuclear Cardiology

American Society of Echocardiography

Awards & Recognition

Chair of the National American College of Cardiology FIT Committee

Young Professionals Section Chair, American College of Cardiology

Chair of Community Events and Outreach, American College of Cardiology

Steering Committee, Patient-Centered Care, American College of Cardiology

Whitepaper Writing Group, Patient-Centered Care, American College of Cardiology

Chair of Young Professionals, Colorado Chapter of the American College of Cardiology

Organizer of [Walk With a Doc](#), Denver

Contact Information

- Office: 877.225.5654

Locations

National Jewish Health Main

Campus

1400 Jackson Street

Denver, CO 80206